

DIRECTORY OF PRACTICE LOCATIONS CROSS-COUNTRY SKI



FOR THE ENTIRE PROVINCE:

http://skierafond.com/?page_id=48

<https://www.bonjourquebec.com/fr-ca/quoi-faire/activites-hivernales/ski-de-fond-et-raquette>

<https://www.sepaq.com/quoi-faire/ski-fond.dot>

BY ADMINISTRATIVE REGION :

BAS-ST-LAURENT

<https://www.bassaintlaurent.ca/fr/quoi-faire/activites-de-plein-air/activites-hivernales/ski-de-fond/>

SAGUENAY-LAC-ST-JEAN

<https://tourisme.saguenay.ca/fr/quoi-faire/activites-hivernales/ski-de-fond-et-raquette>

CAPITALE-NATIONALE

https://www.ville.quebec.qc.ca/citoyens/loisirs_sports/installations_sportives/ski_fond/ski_fond.aspx

MAURICIE

<https://www.tourismemaauricie.com/article/ski-de-fond-en-mauricie-20-beaux-endroits-pour-pratiquer-le-ski-de-randonnee/>

ESTRIE

<https://www.cantonsdelest.com/tag/175/ski-de-fond>

MONTRÉAL

https://ville.montreal.qc.ca/portal/page?_pageid=5798

OUTAOUAIS

<https://www.tourismeoutaouais.com/activites/ski-de-fond-et-raquette/>

ABITIBI-TÉMISCAMINGUE

<https://www.tourisme-abitibi-temiscamingue.org/activite/plaisirs-dhiver/ski-de-fond-et-raquettes/>

Note: This directory is a non-exhaustive list of practice sites. It is an informative document intended to provide Decathlon Holiday Challenge participants with tools.

CÔTE-NORD

<http://www.pleinairlacarte.com/qc/manicouagan-cote-nord/?a=ski-de-fond>

GASPÉSIE

https://www.tourisme-gaspesie.com/fr/ski-de-fond-raquette.html?gclid=CjwKCAiA6aSABhApEiwA6Cbm_9LHSG7RqHNaA3qdzzAw8V-5WIKLDBilonar8eMaGu8V3Mj7LrGORBoCLEQQAvD_BwE

ÎLE-DE-LA-MADELEINE

<https://www.muniles.ca/loisirs-et-culture/sport-et-plein-air/sentiers/>

CHAUDIÈRE-APPALACHES

https://www.quebecvacances.com/ski-de-fond_chaudiere-appalaches

LAVAL

<https://www.laval.ca/dehors/Pages/Fr/initiation-ski-de-fond.aspx>

LANAUDIÈRE

https://lanaudiere.ca/fr/activites-lanaudiere/plein-air/ski-de-randonnee/?gclid=CjwKCAiA6aSABhApEiwA6Cbm_8KRCbl5r7nIUlaVlblXssxFvOSCpb5uvqldRdU_pfD5T39zRWqxIhoC2DoQAvD_BwE

LAURENTIDES

<https://www.laurentides.com/fr/ski-de-fond-et-raquette-dans-les-laurentides>

MONTÉRÉGIE

<https://www.tourisme-monteregie.qc.ca/les-meilleurs-endroits-pour-faire-du-ski-de-fond-en-monteregie/?season=winter>

CENTRE-DU-QUÉBEC

<https://www.bonjourquebec.com/fr-ca/quoi-faire/activites-hivernales/ski-de-fond-et-raquette>

SUGGESTIONS FROM MEMBERS OF THE PUBLIC FACEBOOK GROUP "PENTATHLON DES NEIGES EN MODE VIRTUEL" FOR CROSS-COUNTRY SKIING:

- La Balade de Lévis, Duchesnay, Valcartier, Parc de la Rivière-du-Moulin in Saguenay, St-Jean-de-Matha (next to the slides) and MSA trails.
- Duchesnay, skateboarding and classic
- For skateboarding: Les Plaines, Camping de Beauport, Grandes Prairies, Boisé de l'Ancienne-Lorette (river park)
- The Norwegian in Saguenay
- Montreal, Pointe-aux-Prairies Park
- Cmb énergie in Trois-Rivières, the Mauricie National Park and the Missionary Lake trails in Trois-Rives.
- Mont Ste Anne
- Camp Mercier for skateboarding
- The trails of the Mont-Rigaud escapade: For the classic only, trails shared with pedestrians, mechanically traced, free... A beautiful 13 km loop (be careful, a hill in the course is a bit extreme. Those who are not of advanced level you are better to descend it on foot).