

## EQUIPMENT RENTAL

Equipment rental is valid for a half day during your challenge. The equipment must be picked up at the Pentathlon des neiges site before your challenge and must be returned immediately after your challenge. We will keep a piece of identification as a guarantee during your rental.

Please note that there will be no refund possible. The deadline to reserve an equipment is February 14, 2022.

### NORDIC BLADES

Important :

- You must have your cross country skate boots
- You do not have to sharpen the blades after using them, someone will take care of them.

Information required for booking :

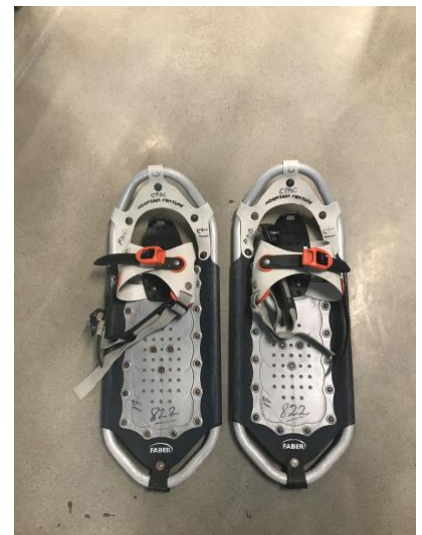
- Tell us what kind of bindings you use : NNN (Rossignol) or SNS (Salomon)

### SNOWSHOES

Size available : See dimensions in the chart below

#### Size and weight chart

DIMENSION	WEIGHT	SUGGESTED WEIGHT
8 po x 24 po	4.75 lbs	Max 150 lbs
8 po x 28 po	5.00 lbs	Max. 200 lbs
9 po x 30 po	5.25 lbs	Max. 250 lbs
10 po x 36 po	6.00 lbs	Max. 300 lbs



**CROSS COUNTRY SKIS**

**Classic Cross-Country Skiing**

Type : grip skis

Size available: 176, 186, 196, 201 and 206

Shoe size

Information required for booking:

- Your shoe size (European size, following the chart)
- To determine the length of the poles : height in cm x 0,84
- Length of skis : height in cm + 30 cm

Euro	U.S. Men's	U.S. Women's
35	-	5
35.5	-	5.5
36	4.5	6
37	5	6.5
37.5	5.5	7
38	6	7.5
39	6.5	8
40	7	8.5
40.5	7.5	9
41	8	9.5
42	8.5	10
43	9	10.5
43.5	9.5	11
44	10	11.5
44.5	10.5	12
45	11	12.5
45.5	11.5	13
46	12	-
47	13	-
48	14	-
50	15	-

**Skate Cross-Country Skiing**

Size available : 160, 170, 180, 190

Information required for booking :

- Your shoe size in European size according to the chart.
- Your size in cm :
  - To determine the length of the poles : height in cm x 0,89
  - To determine the length of the skis : height in cm + 15 cm



**MOUNTAIN BIKE**

Type : Mountain bike

Size available : small, medium, large, extra large

Important :

- Flat pedals without clips are installed on the bike;
- The bike must come back with its original pedals.

MOUNTAIN BIKE SIZE CHART :

**MTB/ALL MOUNTAIN/GRAVITY**

HEIGHT/INCHES	HEIGHT/METRIC	INSEAM/INCHES	INSEAM/METRIC	MTB/XC TRAIL/FAT
4'10"-5'1"	147-155 cm	24"-27"	61-69 cm	XS
5'0"-5'3"	152-160 cm	26"-29"	66-74 cm	Small
5'2"-5'7"	157-170 cm	27"-30"	69-76 cm	Small, Medium
5'6"-5'10"	168-178 cm	29"-31"	74-79 cm	Medium
5'9"-6'0"	175-183 cm	30"-33"	76-84 cm	Medium, Large
5'11"-6'2"	180-188 cm	32"-35"	81-89 cm	Large, XL
6'1"-6'5"	185-196 cm	33"-36"	84-91 cm	Large/XL

